



INFORMED CONSENT TO RECEIVE COMPLEMENTARY OR ALTERNATIVE HEALTH CARE

All clients who participate in Ayurvedic Health Care should be advised of the following information:

1. Ayurveda is the traditional healing system from India, and is based on the idea that each person's path toward optimal health is unique. Your program is based on an understanding your unique constitution and the unique nature of your imbalance. Your program may include lifestyle adjustments, dietary changes, herbs, yoga and meditation, Ayurvedic therapies, aromatherapy and therapeutic massages. The goal of all programs is to create within your body and mind an optimum environment for healing to take place and to maximize your body's ability to heal itself.
2. The Healing Gardens of Ayurveda, LLC is not a medical facility.
3. Employees of The Healing Gardens of Ayurveda LLC are not trained in Western diagnosis or treatment and may not make suggestions about altering your medical care unless a California Certified Medical Doctor on staff is consulted.
4. The National Institute of Health Office of Complementary and Alternative Medicine currently considers Ayurveda a form of complementary and alternative medicine in the United States. In the State of California, Ayurveda is a non-licensed profession. Its practice was formally legalized under the passage of Senate Bill 577 in January 2003. Ayurvedic Consultations are considered alternative or complementary to healing arts that are licensed by the State of California.
5. If you are suffering from a disease or symptom that has not been evaluated by a Medical Doctor or another licensed health care professional, we recommend that you receive a proper evaluation and may provide you with a referral form. If you are referred to a medical Doctor, you will be required to go or sign an acknowledgement that one was recommended to you.
6. No one in association with The Healing Gardens of Ayurveda LLC may recommend altering your prescriptions without the approval of your medical doctor. Your Practitioner may suggest that you speak to your doctor about reducing medications when he/she feels that it is appropriate.
7. While your Practitioner may take your blood pressure and vital signs, and perform some examination techniques similar to a routine medical examination, your Practitioner is evaluation their findings from an Ayurvedic perspective only and not from a Western medical perspective. This examination does not take the place of a medical evaluation. If, as a result of this examination, any finding suggestive of a possible medical condition is found, your Practitioner will refer you to a Medical Doctor for further evaluation.
8. The following services not offered by The Healing Gardens of Ayurveda LLC unless under direct supervision of medical doctor:
 - Diagnosis, treatment or advice of pathological conditions
 - Prescription drugs or medicine

I have read and understand the above information and give my permission to begin a program of Ayurvedic health care with The Healing Gardens of Ayurveda LLC

Clients Signature: _____ Date: _____